



## KIT LIST

### ALL PERSONNEL MUST BRING THE FOLLOWING

QTY	ITEM	REMARKS	CHECKED
1	Cap (ball cap / issued bush hat)	Worn	
1	Wool Cap or Toque	As needed for weather	
1 pair	Gloves	Work gloves are fine	
1	Belt	Worn	
2	Shirt	FTU worn, 1 spare civilian	
2	Pants	FTU worn, spare civilian No jeans or PJ's if possible	
1	Sweater / hoody/ fleece		
	Jacket (can wear Cadet 3 in 1 jacket)	Suitable for the season / weather	
1 pair	Issued Boots (combat style not parade boots) or other suitable outdoor boots	Suitable for outdoors	
2 pair	Underwear	Includes 1 worn	
2	T Shirts	Includes 1 worn	
3 pair	Socks (Cadet wool socks)	Includes 1 worn	
1	Toilet Articles (including deodorant)	As needed	
1	Small Flashlight	For personnel use	
1	Water Bottle	For personnel use	
1 pair	Sunglasses	If required	
1	Daypack (can be signed out)	To carry gear during the day	
	Personal Medication	See note below	
1	Sleeping Bag	See note below	
1	Comfortable shorts / track pants if biking		

This list is the suggested personal kit and equipment, which must be taken by each cadet.

The quantities of clothing shown are the minimum required for personal hygiene requirements and safety.

Medication is to be clearly marked with a name and instructions. If possible, please get a blister pack from your Pharmacist. All medication is to be turned over to the Medical Officer.

Due to hygiene reasons, Cadets are asked to bring a sleeping bag. We have high quality very affordable bags for sale in Supply. If you do not have a sleeping bag, talk to Supply – we have some that can be signed out. For colder weather we can issue a bag to put over a personnel bag.

No expensive jewellery, hairspray or make up. If a Cadet chooses to bring a cell phone / iPod, they are responsible for all damages.

Cadets can bring a small amount of snacks in a Zip-lock bag with their name on it.

No PJ's are to be worn during the day.

PLEASE PACK ALL GEAR IN A RUCKSACK OR DUFFLE BAG – NO GARBAGE BAGS AS THEY QUICKLY RIP. Rucksacks can be signed out from Supply. You may be hiking into camp.

**CLEARLY MARK YOUR GEAR WITH YOUR NAME**